

## 30分間の自主学習 リスニング

Phillip James Language School Fun and Reliable



## **Sports** (at Cambridge University) テーマ:スポーツ



#### 学習準備(用意するもの)

You need

- a notebook
- a pencil or pen
- a dictionary
- Access to YouTube





あるトピックについて考える時間があると、 感情的になる傾向があるため、より多くの言語を記憶する能力が高まります。





# **Thinking Time**

Sports (at Cambridge University)

Make a note of words and phrases in both English and your own language you know related to the topic.

トピックに関連して知っている英語と母国語の 単語やフレーズをメモをしましょう。



### Watch the video a first time

Watch this video about <u>sports at Cambridge University</u> and make notes about the different sports you hear.

Did you hear any of the words, phrase, and/or ideas you wrote down previously while you watched the video?

How many sports are mentioned in the video? Do you remember them?

ケンブリッジ大学のスポーツに関するビデオを見て、 聞こえてくるさまざまなスポーツについてメモしてください。

ビデオを見ている間に、前に書き留めた単語、フレーズ、アイデアを耳にしましたか?

ビデオに出てくるスポーツはいくつありますか? あなたはそれらを覚えていますか?







Now watch the video a second (and third if needed) time and think about the following questions:

- What does Jack say is one of the great things about American Football?
- How often do they play a match of American Football?
- What sport does Georgie practise? What is her role in her sport?
- Why did Julian pick up tennis?
- How can students get involved with tennis at the university?
- How is ultimate frisbee compared to rugby?
- Why did Jack take up boxing?
- Is boxing at Cambridge only for men?



### Test yourself:自分で試してみましょう。

Two or three days after you watched the video try writing a short text about the sports played at Cambridge University.

Don't check your notes or a dictionary, just write down your ideas.

When you have finished, go back to the video and compare your ideas with the sports mentioned, and check if you used the same words and phrases.

ビデオを見た2~3日後に、ケンブリッジ大学で行われているスポーツについて、短い文章を書いてみてください。

ケンブリッジ大学で行われているスポーツについて、短い文章を書いてみてください。

メモや辞書を見ないで、ただ自分の考えを書き留めてください。

書き終わったら、ビデオに戻って、自分のアイデアと言及されたスポーツを比較し、同じ単語やフレーズを使っているかどうかをチェックしてください。





- What does Jack say is one of the great things about American Football? He says that it's a sport for everyone, with a position for people of all sizes, shapes, and abilities.
- How often do they play a game of American Football? They play 8 games a years, and practise every week.
- What sport does Georgie practise? What is her role in her sport? She does rowing, and she does coxing, which is the 9th person on the boat and in charge of steering by being the eyes of the boat and making sure everyone's rowing properly to keep the rhythm.
- Why did Julian pick up tennis? He was inspired by it when he first watched tennis on television.
- How can students get involved with tennis at the university? Students should contact the captain of their college teams and ask to join.
- How is ultimate frisbee compared to rugby? It is similar in that it's a team sport with 7 players in each team, but there is no contact.
- Why did Jack take up boxing? He used to play rugby but then got a bad injury in his knee, so he decided to take up boxing (in his second year at university).
- Is boxing at Cambridge only for men? No, it isn't. There are also several women in the boxing squad.

